**LESSON:** Foxes and Rabbits

**MATERIALS:  
-** pinnies for foxes

**ASSESSMENT:**- Students are following directions and rules  
- Students are using their eyes to watch where they’re going

**ACCOMODATIONS:  
-** Frankie may need to take breaks due to asthma (switch out as fox often)

**LEARNING INTENTIONS:  
Curricular**:  
- I can play cooperatively with my classmates. I can avoid accidents by looking where I’m going  
  
**Successful Learner Traits**:  
- I am a risk taker

**TEACHING SEQUENCE:**1. 2 laps, sit down in middle circle

2. Explain game:  
 - 3-4 foxes, everyone else is a rabbit or a tree (4 trees)  
 - ask for two volunteers to demonstrate being a tree, and   
 bumping one person out to be safe  
 - watch where you’re going, so you don’t bump into someone  
 else  
 - can’t wait for someone to leave tree  
 - no tag backs  
 - pinny must be seen by anyone, can’t hide it

**Rationale:**

**-** To teach students to watch where they’re going, look for open space, follow directions

**BIG IDEAS:  
-** Daily participation in physical activity at moderate to vigorous intensity levels benefits all aspects of our well-being  
- Learning how to participate and move our bodies in different physical activities helps us develop physical literacy  
**CURRICULAR COMPENTENCIES:**- Develop and demonstrate safety, fair play, and leadership in physical activities  
- Develop and demonstrate respectful behaviour when participating in activities with others

**CONTENT:**- Effects of physical activity on the body  
- Proper technique for fundamental movement skills

**Teaching sequence continued:**